

GOOD MORNING!

Balthazar Pastries & Homemade Cookies

Cinnamon Love Toast 🍳 2.50

2 heart-shaped slices (pullman white or multigrain) with organic butter and cinnamon sugar

Bagel 1.50 **Mini Bagel** 🍳 95¢

Spreads

Organic Butter 75¢

Organic cream cheese, honey, preserves 1.50

Organic Almond Butter 2.00

Greek Yogurt

With strawberry preserves 5.50

With walnuts, raisins & honey 5.95

With granola & honey 6.50

Bowl of granola 5.50

Served with Ronnybrook milk

Organic Steel Cut Oatmeal 6.50

Served with brown sugar, walnuts, organic raisins, and Ronnybrook cream.

COFFEE & ESPRESSO

Moomah pursues coffee perfection with a consuming passion and has partnered with specialty coffee roaster Counter Culture Coffee. From its direct collaboration with coffee farmers to its cutting edge coffee education program and innovative sustainable business practices, Counter Culture represents a new paradigm in the specialty coffee industry. We hope you enjoy our single-origin coffees and espresso blends!

Coffee 1.95

Latte 3.75

Espresso 2.50

Soy Latte 3.75

Macchiato 2.75

Vanilla Rice Latte 3.75

Americano 2.75

Chai Latte 3.75

Cappuccino 3.50

Iced Latte 4.00

Red Eye 3.50

A Moomah espresso is always a double. Enjoy!

Coffee To-Go

Small 1.95

Medium 2.50

Large 2.95

Iced Coffee To-Go

Small 2.50

Medium 3.00

Large 3.50

TEA

SerendipTea Teas 2.50

Black & Green: Chai, Darjeeling, Earl Grey, Genmaicha, Three Part Poetry (part green, jasmine & orange peel)

Herbal: Chamomile, Ginger, Peppermint, Yerba Mate

FOR KIDS & KIDS AT HEART

Kids Grilled Cheese 🍳 5.75

Goopy melted organic cheddar on pullman white with a side of organic ketchup

Almond Butter & Jelly Sandwich 🍳 5.95

On pullman white or multigrain with organic almond butter & fresh strawberry preserves

Pizza Bagel 🍳 5.50/Mini 3.00

Tomato sauce & organic provolone cheese

Yummus 🍳 🌱 🍳 8.95

Homemade hummus served with carrot & cucumber slices, and blue corn tortilla chips

Froggy Dipper 🍳 🌱 🍳 6.95

Kid-friendly guacamole with red onions and cilantro decorated as a frog face served with blue corn tortilla chips

Chicken Nuggets 🍳 🌱 🍳 6 pieces/5.95 9 pieces/7.95

Served with side of organic ketchup

Penne Pasta 🍳 🍳 5.95

Served warm, with butter and parmesan cheese

*Gluten-free, brown rice pasta alternative available

Edamame 🍳 🌱 🍳 4.95

With maldon sea salt

Organic Green Peas 🍳 🌱 🍳 1.95

Fun for little fingers

Tater Tots 🍳 🌱 🍳 8 pieces/3.25 12 pieces/4.50

Made from fresh, organically grown potatoes

Organic Apple Slices with Almond Butter 🍳 🌱 🍳 5.50

The perfect organic sweet-tooth fix!

FOR LITTLE MOUTHS

Organic Apple Sauce Unsweetened 🍳 🌱 🍳 1.75

Banana mashed 🍳 🌱 🍳 1.50

Banana-cado blended banana & avocado 🍳 🌱 🍳 2.50

SUPERTRYER SAMPLER

Taste any 6 6.95

Apple

Carrots

Banana

Dates

Avocado

Green Peas

Tomatoes

Hummus

Multigrain Bread

Greek Yogurt

Cheddar Cheese

Cucumbers

Chicken Breast

Yellow Bell Pepper



🍳 kid picks

🌱 gluten-free

🍳 dairy-free

SOUP AND SALAD

Soup of the Day Cup 4.95/ Bowl 6.95

Soup & Salad Combo choice of salad, cup of soup 12.95

Chopped Salad 🍳 Half/7.95 Full/12.95

Chopped romaine with organic free-range chicken, tomato, red onion, yellow pepper, cucumber, avocado, blue cheese & red wine vinaigrette

Suzita 🍳 🌱 Half/7.95 Full/12.95

Mesclun with organic free-range chicken, purple cabbage, yellow bell pepper, tomato, avocado, cilantro, scallions, sprouted pumpkin seeds, toasted cumin & lime dressing

Mermaid 🍳 🌱 Half/7.95 Full/12.95

Pole-caught pacific tuna salad (celery, carrot, red onion, apple, walnuts and vegenaïse) and avocado served on a bed of mesclun

Sweet Billy 🍳 Half/7.95 Full/12.95

Fresh spinach with organic free-range chicken, crumbled goat cheese, walnuts, organic chopped green apples and fig balsalmic vinaigrette

SANDWICHES & WRAPS

Veggie Patch 🌱 9.50

Homemade hummus with carrots, avocado, yellow bell pepper, tomato, mesclun in a flatbread wrap, with tahini herb dipping sauce and side of blue corn chips

Grown-Up Grilled Cheese 8.50

Goopy melted organic cheddar and tomato on multigrain, with side of salsa and small mesclun salad

T.L.T 🌱 9.50

Our signature tempeh "bacon", mesclun and tomato sandwich is served with vegenaïse on toasted multigrain and side of blue corn chips

Mermaid Tuna Wrap 🌱 12.95

Pole-caught pacific tuna salad (celery, carrot, red onion, apple, walnuts and vegenaïse) with mesclun and avocado in a whole grain wrap, served with side of blue corn chips

Daddy-O 12.50

Organic free-range chicken breast, organic cheddar, tomato, avocado, mesclun and vegenaïse on balthazar baguette served with small mesclun salad

The Moomah Quesadilla 10.95

Organic free-range chicken, spinach, caramelized onion and organic cheddar cheese pressed between 2 slices of crispy and chewy whole grain flatbread, with side of homemade salsa.

Like it simple? Have it with just cheese 🍳 \$7.50

SMOOTHIES

All of our smoothies are gluten and dairy-free
Small (12oz.)/Large (20oz.)

Blueberry Blitz 5.95 / 7.25
Organic Blueberries, Organic Strawberries,
Organic Peaches, Organic Raspberry Apple Juice.

It's Not Easy Being Green 5.95 / 7.25
Spinach, Organic Blueberries, Organic Strawberries,
Organic Peaches, Banana, Organic Raspberry Apple
Juice

Almond Butter Lover 5.95 / 7.25
Bananas, Organic Almond Butter, Organic Dates,
Rice Milk and a pinch of Sea Salt.
Want it dirty? Add a shot of espresso for 1.00

MORE DRINKABLES

Homemade Iced Tea 2.50
Homemade Lemonade (agave sweetened) 3.75
Iced Tea & Lemonade aka Arnold Palmer 3.25
Fresh Squeezed Orange Juice
Kid Cup 2.50 Big Glass 4.00
Organic Apple Juice Box 1.95
Organic First Juice 3.50
Served in a spill-proof sippy bottle
Apple-Carrot or Blueberry-Carrot
Ronnybrook Farms Milk
Kid Cup 2.25 Big Glass 3.00
Organic Soy Milk
Kid Cup 2.25 Big Glass 3.00
Ronnybrook Farms Chocolate Milk
Kid Cup 2.50 Big Glass 3.50
Spindrift Sparkling Fresh-Fruit Soda 2.95
Grapefruit, Orange-Mango, Cranberry-Raspberry

Smart Water 2.75
San Pellegrino 2.50
250 ml glass bottle



ICE CREAM

Three Twins Organic Ice Cream \$3.50
Inconceivably Delicious! 5 oz single serving

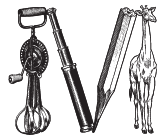
Madagascar Vanilla
Mint Confetti
Bittersweet Chocolate

OUR FOOD PHILOSOPHY

We believe in knowing and appreciating where our foods come from. We strive to offer both kids' favorite staples and dishes to excite the grown-up palate, using the most wholesome, natural and sustainable options available.

We're very sensitive to your child's food allergies. Please ask about allergen-free menu items.

DESBROSSES		CANAL	
VESTRY			
LAIGHT			
HUBERT		★	
N. MOORE	GREENWICH		
	HUDSON		VARICK



moomah

161 hudson street nyc 10013
t 212 226 0345 f 212 226 2078
www.moomah.com

creative arts cafe



yummy goodness